

# Dissemination Workshop National Standards WASH in Schools

**Hygiene Education  
and Children as  
Agents of Change**



# Background

## Guiding Principles

- ❑ Children as AGENTS of CHANGE
- ❑ Activities should be doable by the Children with very little supervision
- ❑ Should not take all of the Children's time

# Background

## Key Deliverables on Hygiene Education

1. **The Education Guide for WASH in Schools**
2. **Guidelines for Formation and Running of School Health Clubs;**
3. **Guidelines for Children's Participation in Community Led Total Sanitation (CLTS);**
4. **Guidelines for Implementation of Children and Youth Ambassadors Scheme**

# The Products

## Education Guide

### ❑ The Product

A Document that provides guidelines for integrating a package of WASH Education in Basic Schools

### ❑ Target Users

Planners, Coordinators, School Authorities

### ❑ Purpose

To provide clear guides for WASH activities that will be conducted at the school level for an academic year as well as the key hygiene messages.

# The Products

## Education Guides

### ❑ The Product

**Classroom Activities to be led by the teacher**

**Integrating Lessons into Worship Period**

**Reinforcement at Morning assemblies**

**WASH Notice (Talk) Boards**

**School Health Clubs**

**Competitions**

**WASH Sessions during PTA & SMC Meetings**

# The Products

## The Education Guides

	Activity	Target Group	Duration	Frequency	Focus of activity
1	<b>Classroom activity to be led by class teacher (CA)</b>	Classes (per age group- Nursery, Lower Primary, Upper Primary, and Junior High School)	10 mins	3x a week	Interactive activity teaching and testing knowledge Demonstration activity for building habits
2	<b>Main School Lesson during Worship Time (WT)</b>	Entire School	15 mins	Every 2 weeks	Teaching knowledge and motivating pupils for change of habits
3	<b>Repeat (Reinforcing) sessions of main school lesson at Morning Assembly (MA)</b>	Entire School Prepared by School health club and SBHC.	3-5 mins	3 x a week	Reinforcing/repeating key messages from Worship Time Sessions
4	<b>WASH Notice “Talk” boards (NB)</b>	Entire School Prepared by School health club and SBHC.		Every 2 weeks	Reinforcing/repeating key messages from Worship Time Sessions

# The Products

## The Education Guides

	Activity	Target Group	Duration	Frequency	Focus of activity
5	<b>School Health Club</b>	Selected students	30 min	Every 2 weeks	Actively involved in advocacy for WASH in Schools through participatory activities under the guidance of the School Health based Coordinator.
6	<b>Competitions</b>	All Classes in a school and All Schools in a district		Termly	Activities focusing on testing knowledge dissemination to the entire school and indirectly parents and communities
7	<b>WASH Session during PTA meeting</b>	Parents and Teachers	20 mins	Once a term	Advocacy sessions on School WASH to get support to activities/actions as well as reports on progress.
8	<b>WASH Session during SMC Meeting</b>	School Management Committee (SMC)	20 mins	Once a term	Advocacy sessions on School WASH to get support to activities/actions as well as reports on progress. Also to enlist group support to School Health Club activities as well as individual support as club patrons.

# The Products

## School Health Clubs

### ❑ The Product

A Document which provides Guidelines for the formation and management of School Health Clubs

### ❑ Target Users

Targeted at School Authorities to guide the formation and management of School Health Clubs

### ❑ Purpose

To ensure that pupils are guided to play active roles in issues concerning their health whilst they are in school



# The Products

## School Health Clubs

- ❑ Will be formed in all Basic Schools Across the country
- ❑ Membership is Voluntary (open to all pupils).
- ❑ Membership not Limited to any number of pupils.
- ❑ Objectives of the Club:
  - To promote hygienic lifestyles amongst pupils
  - To increase pupils knowledge and understanding of WASH issues
  - To promote health school environment
  - To encourage outreach to home and community
  - To challenge children to take up leadership roles and responsibilities

# The Products

## School Health Club

- ❑ **Clubs will be set up following a 5 Step Process:**
  - Awareness creation with Staff & Pupils
  - Announce the Formation
  - Register Members
  - Announce First Meeting
  - Conduct First Meeting
- ❑ **School based Health Coordinators and their Assistants will be Patrons. Each Club will have five Executive members.**

# The Products

## School Health Clubs

- ❑ **Clubs will hold Weekly Activity Meetings during the school term** (Calendar of Activities will be drawn for each term)
- ❑ **Activity Areas** (Skills based Health Education, Disease Prevention & Control, Safe and Health School Environment) **Activities will all be co-curricula.**

# The Products

## Childrens Role in CLTS Implentation

### ❑ The Product

A Document which provides Guidelines for the involvement of Children in CLTS Implementation (in CLTS communities)

### ❑ Target Users

Targeted at School Authorities and CLTS Facilitators

### ❑ Purpose

To ensure that children play an active role in drive towards an Open Defecation Free nation

# The Products

## Childrens Role in CLTS Implementation

### ❑ Pre Triggering Stage

Children will support Baseline Data collection (Guided Walks, Observation, Reporting)

### ❑ Triggering Stage

Support Mobilisation for Triggering

Will develop Defecation Area Map and analyse defecation practices

Will develop Action Plan towards achieving ODF

# The Products

## Childrens Role in CLTS Implementation

### □ Post Triggering Stage

Children Natural Leaders will be identified

Children will be supported to implement their Action Plan

Provide support to Compounds

Monitoring ODF Attainment (CLTS Monitoring Checklist)

# The Products

## Children and Youth Ambassadors for WASH (WASHSPLASH)

### ❑ The Product

A Document which provides Guidelines for using Children as Agents of Change to facilitate WASH behaviour Change (under WASHSPLASH)

### ❑ Target Users

Targeted at School Authorities, district level WASH facilitators, community level WASH Facilitators

### ❑ Purpose

To ensure that children develop leadership skills to enable them lead the process for WASH behaviour Change

# The Products

## Children and Youth Ambassadors for WASH

- ❑ **Initiative will be introduced to school and community** (District Team to brief school body, SbHC will brief community team – CSHT)
- ❑ **Selection of Ambassadors** (School Process, Community Process)
- ❑ **Capacity Building** (Initial Orientation, Mentoring & Coaching, Training)
- ❑ **Leadership Positions** (Cabinet Ministers, WASH Detectives, Media Corps)



# The Products

## Children and Youth Ambassadors for WASH

### ❑ Roles of Ambassadors

Advocacy

campaign for ODF communities & schools

Lead Monitoring and rating of WASH in schools  
(BEST Score Guide)

Play active role in commemoration of  
recognised international WASH days

Champions for Social Norm of ODF

# The Products

## Children and Youth Ambassadors for WASH

### □ Key Activities of Ambassadors

- CLTS Implementation

- Utilize aspects of PHAST Approach for Hygiene Promotion

- Media Events

- School Sanitation (Toilet Angels)

A group of African school children are gathered outdoors in a rural setting. In the foreground, a boy in a teal shirt and khaki shorts is walking towards the left. Next to him, a girl in a teal dress with a patterned design is walking away. To their right, a girl in a white and grey checkered dress is walking towards the camera, smiling. Behind her, a girl in a brown dress is also smiling. Further back, several other children are visible, some in school uniforms and others in traditional clothing. The background shows a dirt path, some trees, and a building with blue shutters. The text "LET'S ENJOY A HEALTHY SCHOOL" is overlaid in large, bold, yellow capital letters across the middle of the image.

**LET'S ENJOY A HEALTHY SCHOOL**